

THE ROC VOLUNTEER OPPORTUNITIES

Find your area of service in The ROC. Simply fill out the form below, mark your area(s) of interest, and drop it in the offering plate or return to the reception desk (Monday-Friday).

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____

E-mail: _____

Male Female Age: _____

Availability: Days Evenings Weekends

Hours per week: 0-4 5-8 9+

THE ROC BOOKSTORE & CAFÉ

Volunteer as little as 5 hours per week or as much as 30 hours per week! Bookstore and café volunteers receive discounts on purchases made in the bookstore and café.

BOOKSTORE:

- Cashiers/Sales Floor/Greeters
- Backroom (shipping and receiving)
- Website Customer Service

CAFÉ:

- Cashiers
- Greeters/Host/Hostess
- Servers
- Kitchen (prep cooks/assistants)
- Dishwashers

THE ROC RECREATION MINISTRY

Join the team!

- Open-Play Basketball Gym Attendants
- Open-Play Volleyball Gym Attendants
- Reception Desk Attendant
- Aerobics Class Instructors

CARDIO & STRENGTH TRAINING:

- Wellness Attendant
- Personal Trainer

FAMILY NIGHTS:

- Coordinator
- Gym Attendant

ADULT BASKETBALL LEAGUES:

- League Director
- Referee Commissioner
- Team Captain
- Scorekeeper/Gym Attendant

ADULT VOLLEYBALL LEAGUES:

- League Director
- Team Captain

ADULT SOFTBALL LEAGUES:

- League Director
- Referee Commissioner
- Team Captain
- Scorekeeper/Field Attendant

UPWARD BASKETBALL:

- League Director
- Referee Commissioner
- Devotion Commissioner
- Prayer Commissioner
- Follow-up Commissioner
- Gym Attendant

UPWARD SOCCER:

- League Director
- Referee Commissioner
- Devotion Commissioner
- Prayer Commissioner
- Follow-up Commissioner
- Field Attendant

ROC PRAYER SUPPORT:

- Prayer Commissioner
- Prayer Partner

THE UNDERGROUND

Seeking volunteers to help with:

- Friday Night Jr. High Activities
- Saturday Night Sr. High Activities
- Afterschool Programs